

List of Emotions	Have you ever felt this emotions? Y/N	Would you rate this emotion as; Positive = p; Negative = n; Neither = o.	Would you find it easy to change this emotion Y/N	Rate the frequency of these emotions as follows; Low = 1; medium =2; High = 3
Admiration				
Accepting				
Affected				
Afraid				
Aggrieved				
Amazed				
Angry				
Annoyed				
Anticipation				
Anxious				
Appreciated				
Apprehension				
Ashamed				
Awed				
Bitter				
Bored				
Brave				
Calm				
Cautious				
Comfortable				
Compassion				
Confident				
Confused				
Content				
Contempt				
Controlled				
Courageous				
Curious				
Depressed				
Determined				
Disapproved				
Disdain				
Disgusted				
Distracted				
Domineering				
Eager				
Ecstasy				
Embarassed				
Empatheitc				

Energized				
Enraged				
Envious				
Esteemed				
Excited				
Foolish				
Gracious				
Grieving				
Guilt				
Happy				
Hopeful				
Hurt				
Inadequate				
Indignant				
Insecure				
Inspired				
Interested				
Irritated				
Jealous				
Joyful				
Kind				
Lonely				
Loathing				
Lost				
Loved				
Loving				
Miserable				
Motivated				
Nervous				
Optimistic				
Overwhelmed				
Patient				
Peaceful				
Pensive				
Pity				
Proud				
Relieved				
Remorse				
Resentful				
Righteous				
Sad				
Satisfied				
Scared				
Self-conscious				
Serene				
Shocked				
Silly				

Stupid				
Submissive				
Surprised				
Suspicious				
Tense				
Terrified				
Trapped				
Trusting				
Unaffected				
Unafraid				
Uncomfortable				
Warmed				
Worried				
Worthless				
Worthy				